

BALCO TODAY SIGHTS, INSIGHTS & HEIGHTS



BALCO Hosts an Interactive Nutrition Session in Collaboration with YourDOST



BALCO conducted an engaging nutrition session in collaboration with YourDOST, with a nutrition expert Dr. Shweta Chhabra. The session an active participation from over 200 employees and business partners. Designed to promote both mental and physical well-being, the session included interactive discussions, fun activities like well-being dart, and expert insights on nutrition and lifestyle habits.





































































Enhancing

FIRE SAFETY

with Rigorous
Assessments
Fire Detection and
Suppression
Systems at BALCO









Mini Garden Ideas

Freshly farmed herbs are perfect to staying healthy during the rains



Tulsi (Holy Basil)

Sacred herb with healing power combats
Infections, soothes the throat and boosts respiratory health.
Add to teas or chew raw for natural protection.



Ginger (Adrak)

Warming and immunity-boosting Perfect for kadhas and masala chai. Keep cold and cough at bay.



Turmeric (Haldi)

Nature's antibiotic Power-packed with anti-inflammatory properties. Use in milk (haldi doodh)



Mint (Pudina)

Soothing & refreshing Helps with digestion, reduces bloating and adds a Refreshing touch to chutneys.



Lemon (Nimbu)

Zesty & vitamin c-rich Boosts immunity and keeps you hydrated. Ideal for warm water and tea.



Black Pepper (Kali Mirch)

Spice with a kick Improve digestion in humid weather. Sprinkle in soups, kadhas.



एक बिंदु-सुरक्षा पाठ One Point Safety Lesson



How to Cross the Road?

सड़क कैसे पार करें ?





Incorrect

Person is watching mobile and crossing the road

Correct

To cross the road, stop at a crosswalk, look both ways and then cross when it is safe.

गलत

व्यक्ति मोबाईल देख रहा है और सड़क पार कर रहा <u>है।</u>

सही

सड़क पार करने के लिए जेबरा क्रासिंग पर रूकें, दोनों तरफ देखें और फिर सुरक्षित होने पर पार करें।

Team BALCO Today

Conveys Heartiest Greetings To

12th
July 2025

Aditya Tiwari
Dharmendra Dewangan
Abhishek Tiwari
Vikas Kumar Sahu
Kailash
Manish Kumar Singh
Deepak
Debdulal Banerjee

Commissioning
GAP
Pot Room
Pot Room
Pot Room
Business Excellence
Commissioning
Logistics

Sunday 13th July 2025 Nutan Kumar Kushwaha Bajrang Choudhary Varsha Sharma Gowardhan Kumar Dewangan Dinesh Kumar Manohar Lal Shiv Shanker Dewangan Pawan Kumar Bake Oven
Finance
Stores
Pot Room
Bake Oven
Pot Room
Pot Room
Logistics

Monday 14th July 2025

Gandhi Sat Joshi Ratnesh Kumar Jha Mirza Fiza Baig WT Plant Bake Oven HR







Idea Theme for July'25

Asset Care & Equipment Reliability Improvement















R & R CATEGORY

- 1. Best Idea of the month
- 2. Max. Idea Generator
- 3. Quick 5 Ideas

Share your ideas through Idea@Balco Mobile App/Portal

https://idea.balco.in:8047/dr/login

Use tag word #Asset# before mentioning ideas

Download App from play store



BALCO CENTRALIZED

Security Operation Center





INCIDENT

Theft, Threat, Vandalism, Fraud Malpractice, Wild Animal Attack



ISSUES

Traffic Jam, Card Not Working Lack of Support at Entry Gates



VIOLATIONS

Unsafe Act, Unsafe Conditions
Traffic



SUSPICIOUS MOVEMENT

Person Behaving/Acting in Suspicious Manner



YOUR ABSENCE AT HOME

Away on Holidays for Few Days

We Are Manned 24x7 & Available At:

9179083488, 7759252655

BALCO.SOC@Vedanta.co.in

Sec_rity is incomplete Without "U"



DO SHARE YOUR

interesting pieces with us like

- Poem
 Sketch
 Drawing
- Art content
 Own Articles
- Photograph with good captions
- Success / Inspirational stories
- Travel Story
- Balco Plant Events
- Achievements etc.

We will try to capture them in

BALCO TODAY

YOU CAN REACH OUT TO US -

Shivani Pachori Jhalak Shastri 8830960726 747 701 3030

