

25<sup>th</sup>  
July 2025



# BT BALCO TODAY

## SIGHTS, INSIGHTS & HEIGHTS



Empowering Employees Through  
**Self-Defence Training**



# Malhar 3.0



BALCO's  
**PHOTOGRAPHY**  
Exhibition!

We're inviting you to capture what makes India extraordinary, from ancient stones that whisper history to vibrant traditions that echo through festivals, and landscapes that take your breath away, this is your chance to showcase it!



## Categories to Capture



### Archaeological Wonders

Whispers of the past through monuments, ruins & heritage marvels.



### Cultural Kaleidoscope

Colours of tradition - people, rituals, attires, and celebration.



### Natural Escapes

Landscapes that breathe - sunsets, mountains, rivers, and greens.

## Submission Guidelines

- Submit up to 2 original photographs (high resolution, landscape mode).
- Share as Documents on WhatsApp to:  
Jhalak Shastri - 7477013030  
Ritesh Siraj - 9911836450
- Mention your name, department, and a short description for each photo.



## What's New?

**Malhar 3.0** brings its first-ever competitive twist, with exciting gifts to be won and an immersive visual showcase to be part of!

## Deadline

Send your entries by **1<sup>st</sup> August 2025**



# Introducing **CYBERSECURITY** **ALERT**

## Ever clicked a suspicious link and hoped for the best?

Or used “**123456**” as your password (again)?  
Don't worry, we've all been there.  
But now, it's time to level up and become cyber-smart.

**From phishing to firewalls, password hygiene to Wi-Fi wisdom –**  
we're here to help you stay secure, both at work and beyond.

### Presenting our all-new Cybersecurity Series!

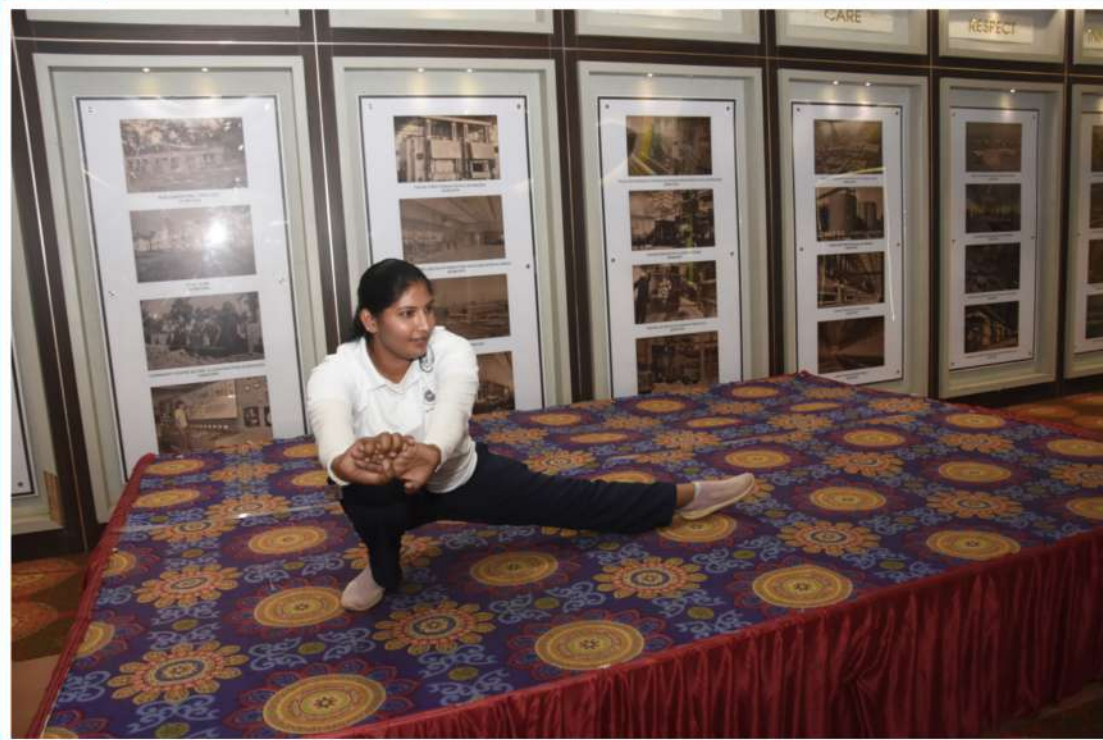
Here we will break down digital do's and don'ts in byte-sized nuggets - no jargon, just reality checks.



Let's make cyber-awareness  
a habit, not a headache.  
**Because a safer click is  
a smarter click.**

**Stay tuned. Your digital self will thank you!**

BALCO conducted a self-defence training workshop garnering active participation from over 40 individuals, including both men and women. The session was led by seasoned martial arts professionals, Shihan Varun Pandey and Sensei Rukhmani Ranu, who guided attendees through practical techniques for personal safety and situational awareness. The initiative aligns with BALCO's commitment to fostering a safe and empowered community.







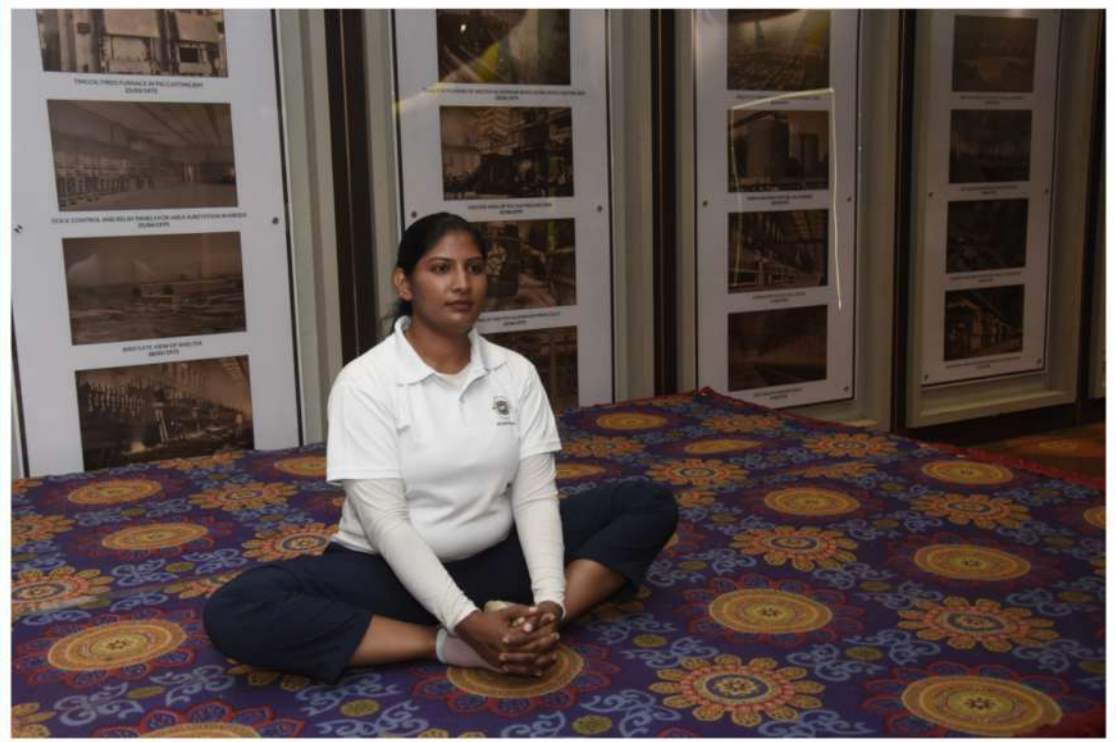
































# Healthy Food Swaps For Monsoon

**This monsoon season, stay nourished and safe with smart food choices.**

## Swap This



Deep  
Fried Pakoras,  
Bhajiyas



Street Chaat  
(Pani Puri,  
Bhel Puri)



White Rice or  
Fried Rice

## With This



Steamed Corn,  
Grilled Paneer, or  
Baked Snacks



Homemade Chaat  
with Boiled Chana &  
Veggies



Khichdi with Ghee  
and Jeera or Millet  
Pulao

**Steam it, Sip it, Spice it right, Keep your belly warm and light !**





## Focus on Safety Signages

सुरक्षा संकेतों पर ध्यान दें



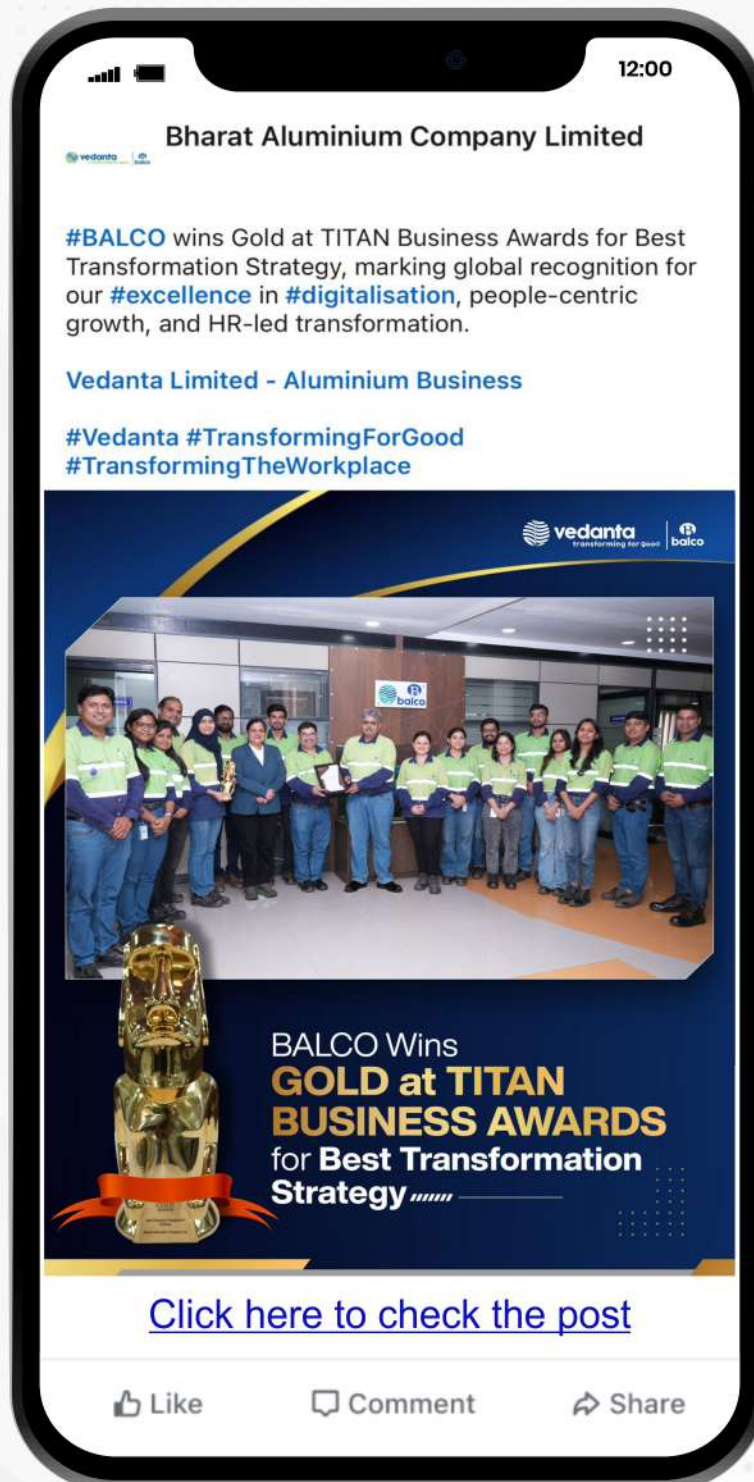
**Correct**  
Follow Safety  
instructions and  
Signages at Workplace.

**Incorrect**  
Person ignores  
Wet floor  
Warning Signage

**सही**  
कार्यस्थल पर सुरक्षा  
निर्देशों और  
संकेतों का पलन करें।

**गलत**  
व्यक्ति गीले फर्श के  
चेतावनी संकेत को  
नजरअंदाज कर देता है।

# MEDIA CORNER





# Team BALCO Today

Conveys Heartiest Greetings To

**Friday, 25<sup>th</sup> July 2025**

Mitu Singh

Rudra Pratap Tiwari

Prince Kumar Saw

Finance

Pot Room

Pot Room

**Saturday, 26<sup>th</sup> July 2025**

Virendra Kumar Jaiswal

Versha Mishra

Vivek Kumar Khutey

Ramasish Hazra

Coal Mines

Medical

Pot Room

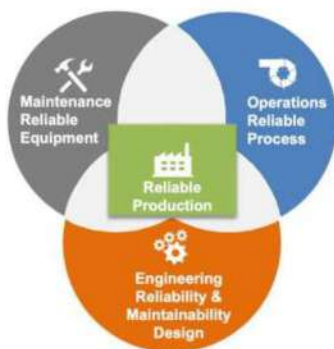
Pot Room

HAPPY  
*Birthday*

TO YOU!

# Idea Theme for July'25

Asset Care & Equipment Reliability Improvement



Place your appliances in safe hands



## R & R CATEGORY

1. Best Idea of the month
2. Max. Idea Generator
3. Quick 5 Ideas

Share your ideas through Idea@Balco  
Mobile App/Portal

<https://idea.balco.in:8047/dr/login>

Use tag word #Asset# before  
mentioning ideas

Download App from play store





# BALCO CENTRALIZED

## Security Operation Center



### INCIDENT

Theft, Threat, Vandalism, Fraud  
Malpractice, Wild Animal Attack



### VIOLATIONS

Unsafe Act, Unsafe Conditions  
Traffic



### YOUR ABSENCE AT HOME

Away on Holidays for Few  
Days



### ISSUES

Traffic Jam, Card Not Working  
Lack of Support at Entry Gates




### SUSPICIOUS MOVEMENT

Person Behaving/Acting in  
Suspicious Manner

We Are Manned 24x7 & Available At:

 **9179083488, 7759252655**

 **BALCO.SOC@Vedanta.co.in**

Sec\_rity is incomplete Without "U"

# DO SHARE YOUR

interesting pieces with us like

- ◆ Poem ◆ Sketch ◆ Drawing
- ◆ Art content ◆ Own Articles
- ◆ Photograph with good captions
- ◆ Success / Inspirational stories
- ◆ Travel Story
- ◆ Balco Plant Events
- ◆ Achievements etc.

We will try to capture them in

## BALCO TODAY

**YOU CAN REACH OUT TO US -**

Shivani Pachori

8830960726

Jhalak Shastri

747 701 3030