

29th June 2024

# BALCO TODAY



**BALCO** Organized BALCO Organize

Multi-Specialty

Mega Health Ca **Mega Health Camp** 



# LET'S CELEBRATE Pride Month!

**DID YOU KNOW?** 

June is celebrated as Pride month, which aims to recognise the progress made in securing rights and acceptance for LGBTQ+ individuals while highlighting the ongoing development for equality.

The relevance of Pride Month lies in its role in fostering inclusivity, raising awareness about the challenges faced by the LGBTQ+ community, and advocating for equal rights. It serves as a reminder of the importance of diversity, acceptance, and the need to combat discrimination. Celebrating the Month promotes a culture of respect and understanding, contributing to a more inclusive and equitable society.



# Don't miss another update from BALCO!

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BALCO organized a Multi-Specialty Mega Health Camp, benefiting over 150 community members from five neighbouring communities. The camp provided access to specialists such as dentists, dermatologists, orthopaedics, gynaecologists, physiotherapists, and general physicians. Additionally, the event featured exclusive HIV counselling and testing, addressing critical health needs and enhancing community well-being.





































# FINALE I IND VS SA

**TODAY** 

29 June 0 08 PM Onwards



**Only For Club Members** 

#### **BEAT THE HEAT #5**

#### SUNSHINE

STAY HYDRATED

Drink enough water during the summers to avoid dehydration and over exhaustion. It is recommended to drink at least eight glasses of water per day, and in hot weather, you may need to increase your intake to stay adequately hydrated. Drinking water is a simple but effective way to maintain good health, especially during the hot summer months

**USE PROTECTIVE GEAR** 

Before you head outside for the summer fun, it is essential to put on some sunscreen at least 15 minutes before you leave your house. Use sunglasses and caps to protect your eyes and skin from the harmful UV rays of the sun.

NEVER LEAVE ANYONE IN A PARKED CAR

Avoid leaving anyone in a car which is parked under the sun as
temperatures inside the car can rapidly increase and become very

dangerous.

Make sure you time your activities outside accordingly and not during peak hours of heat during the day. Step outside only if absolutely necessary between 12 pm to 4 pm as the heat and temperature is the highest during the day. Take rest in the shade to cool yourself.

**HEAT SAFETY** 

Avoid strenuous activities during extreme heat and take frequent breaks in cool and shady areas.

**INVEST IN COOLING SOLUTIONS** 

Use proper ventilation techniques to keep the room temperature low. Use cooling towels for the same..

NUTRITION AWARENESS

Eat light and balanced meals which include curd and buttermilk,

which will keep your body's temperature low and stable.

EXERCISE SMARTLY

Engage in physical activities during cooler parts of the day to avoid

peak heat that is usually early morning or after 5 pm.



# Safety Check





**Always Follow Traffic rules** 



Throughly check your car before driving



Always drive according to the speed limit



Keep all the necessary paperwork handly



Never Ride without a Helmet



Look out for no Parking Signs

#### **BALCO** holds mega blood donation camp

BHARAT Aluminum Company Limited (BALCO), India's iconic alu minum producer and a part of Vedanta Aluminum, organised a mega blood donation camp at the BALCO Hospital, in collaboration with the District Medical and Health Department, Korba. This noble cause drew wide participation from the company's employees, families, and surrounding community members, witnessing blood donations from over 250 people. Their united efforts resulted in a remarkable number of 250+ life-saving units being collected in a single day in Korba district.

Organized in commemoration of World Blood Donor Day, BALCO's day-long mega blood not only supported blood collection during the camp but also helped generate wider awareness among the volunteers on the donation process and its several benefits. After careful screening and checks, the units collected will be stored at the blood banks of Govt. Medical College, Korba. These units will be provided free of charge to communities in need, addressing their critical blood requirements for treating Thalassemia, sickle cell disease, cancer, road traffic accidents, preg-nant mothers, and individuals with Haemophilia.

Appreciating the overwhelming onse to the camp, Raiesh Kumar CEO, and Director, BALCO, said, "We have consistently prioritized health of community through diverse ini-tiatives tailored to address the wellbeing of the community. It's grati-fying to witness the community's collective response during the blood donation drive, significantly helping boost local blood bank reserves. I



believe this effort aid in strengthen ing the medical infrastructure in the region to meet emergency require ments while saving countless lives.

Speaking of the notable efforts of BALCO, SN Kesari, Chief Health and Medical Officer, Korba, said, "Donating blood is a noble cause, and facilitating it for over 250 people is truly a remarkable effort. I extend my heartfelt gratitude to each donor for their selfless act. This act of generosity will help in saving countless lives in our community making a profound impact on many

BALCO's mega blood donation camp was successful in collecting numerous lifesaving blood units while recognizing the contribution of volunteers, who were felicitated through 'Blood Donor' certificates

BALCO, as part of its commitment towards contributing to the com-munity's well-being, undertakes several impactful healthcare interven-tions, impacting around 1.35 lakh lives in FY24.

Project Arogya ensures accessibility of primary healthcare services through Rural Health Posts (RHPs) and conducts awareness campaigns on crucial topics such as HIV, mater-nal and child health, and malnutrition. The project reached around

50,000 people last year. Mobile Health Vans (MHVs) are fully equipped mobile health units that visit communities every 15 days. The van addresses primary healthcare challenges through doorstep delivery of quality healthcare, reaching over 15,500 people in FY24 alone.

Quarterly mega health camps and awareness campaigns that promote vaccinations, hygiene practices, and overall healthcare.

Project-Navi Kiran which has helped sensitize over 57,000 people on hygienic practices during menstruation through awareness gener-ation and capacity-building activi-ties across 45 villages of Korba. Balco Medical Centre, a 170-bed-

ded tertiary care oncology facility that has catered to over 38,500 peo ple till date, since its inception in 2018

BALCO Hospital, a 100-bed facility, serves the company's employ-ees and their families as well as township residents and patients across several districts of Chhattisgarh:

It features a team of specialists, including general physicians, physiotherapists, dentists, ophthalmologists, ENT specialists, paediatri-cians, radiologists, anaesthesiologists, gynaecologists, and orthopaedic surgeon along with vis-iting consultants. It is supported by 14 Resident Medical officers, 60 nurs es and 113 staff members.

The hospital participates in the Ayushman Bharat scheme, organizing regular screening and awareness camps, while supporting govern-ment vaccination programs.

BALCO Hospital caters to over 2,10,000 patients each year across Korba, Raigarh, Bilaspur, and Janjgir Champa districts in Chhattisgarh.

#### बालको: 250 लोगों ने रक्तदान किया

भास्करन्यूज बलकोनगर

जिले के स्वास्थ्य विभाग के सहयोग से बालको कंपनी ने मेगा रक्तदान शिवर का आयोजन किया। इसमें 250 लोगों ने शिविर में रक्तदान इस ब्लंड का उपयोग क्रितमंदों की मदद में किया जाएगा।

कंपनी के कर्मचारी व उनके परिवार के सदस्यों के अलावा बिजनेस पार्टनर व समुदाय के सदस्यों की भागीदारी रही। शिविर में बालको अस्पताल के विशेषज्ञ डॉक्टरों और स्टॉफ नर्सों का भी सहयोग मिला। अस्पताल कर्मियों ने शिविर में ब्लंड कलेक्शन के लिए तकनीकी सहायता उपलब्ध कराने के साथ खादान प्रक्रिया और लाभ के बारे में जागरूक किया। स्क्रीनिंग और जांच के बाद शिविर के माध्यम से जुटाए गए ब्लंड कलेक्शन को सरकारी मेडिकल कॉलेज कोखा के ब्लड बैंक में स्टोरेज किया गया, जहां से जरूरतमंद लोगों को ब्लड उपलब्ध कराया जाएगा।



शिविर में रक्तदान करते बालको कंपनी के कर्मचारी।

आपातकालीन स्थिति में ब्लड की जरूरत पड़ने पर मिलेगी मदद: सीईओ

बालको सीईओ राजेश कुमार ने कहा कि आपातकालीन स्थिति में ब्लंड की जरूरत पड़ने पर मदद मिलेगी। इससे ब्लड बैंक के भंडार को बढ़ाने में मदद मिली है। इस प्रयास ने आपातकालीन ब्लंड की जरूरत को पूरा करने के लिए चिकित्सा ढांचे को मजबूत किया है और अनगिनत लोगों की जान बचाई है।

250 से अधिक ने रक्तदान से सेवाभावी कार्य में किया सहयोगः सीएमएचओ

स्वास्थ्य विभाग के सीएमएचओ डॉ. एसएन केसरी ने बताया कि रक्तदान एक महान कार्य है। शिविर में 250 से अधिक लोगों ने रक्तदान से सेवाभावी कार्य में सहयोग किया है, यह लोगों का सराहनीय योगदान है। यह कार्य हमारे समुदाय में अनगिनत लोगों की जान बचाने में मदद करेगा।

**The Hitavada** 





#### **Team BALCO Today**

Conveys Heartiest Greetings To

29<sup>th</sup>
June
2024

Naushad Ali Ritesh Kumar Prakash Verma Arundhati Rajput

Kanhaiya Prasad Sharma Ganesh Ram Kanwar Harish Sonwani

Devendra Kumar Rathore Dheeraj Pratap Singh

30<sup>th</sup>

June 2024

Vijay Bajpai Dikeshwar Prasad Abhishek Sharma Keshav Kumar

Moneshwar

Arvind Kumar Banjare

Manjoo Lata Rimsha Zahid Dhalsingh Sinha SRS

Bake Oven Rodding

Business Excellence

Pot Room
Pot Room

Stores

Pot Room

Pot Room

Administration

Foundry Pot Poor

Pot Room

Foundry

Pot Room

Pot Room

Stores

HR

Project





# Idea Theme for June 2024 Waste to Wealth





WASTE TO Wealth















IDEAS

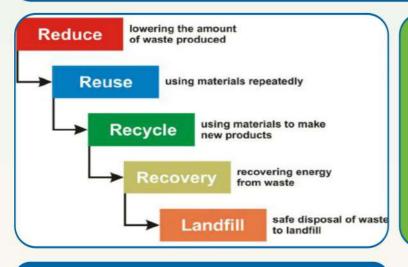
PLANNING

**PROCESS** 

**BRAINSTORM** 

SOLUTION

## CREATIVITY INNOVATION



#### R & R CATEGORY

- 1. Best Idea of the month
- 2. Max. Idea Generator
- 3. Quick 5 Ideas

Share your ideas through Idea@Balco mobile app/ portal using this link

https://idea.balco.in:8047/dr/login

Use tag # W2W# before mentioning the ideas



Login in !dea@Balco



### **BALCO CENTRALIZED**

#### **Security Operation Center**





#### INCIDENT

Theft, Threat, Vandalism, Fraud, Malpractice, Wild Animal Attack



#### **ISSUES**

Traffic Jam, Card Not Working, Lack of Support at Entry Gates



#### **VIOLATIONS**

Unsafe Act, Unsafe Conditions, Traffic



#### SUSPICIOUS MOVEMENT

Person Behaving/Acting in Suspicious Manner



#### YOUR ABSENCE AT HOME

**Away on Holidays for Few Days** 

We Are Manned 24x7 & Available At:

9179083488, 7759252655

BALCO.SOC@Vedanta.co.in

Sec\_rity is incomplete Without "U"

### **DO SHARE YOUR**

interesting pieces with us like

- Poem
- Sketch
- Drawing
   Art content
- Own Articles
- Photograph with good captions
- Success / Inspirational stories
- Travel Story
- Balco Plant Events
- Achievements etc.

We will try to capture them in **BALCO TODAY** 

#### YOU CAN REACH OUT TO US -

Ritesh Siraj 9911836450 Prakhar Singh 9111147484

Shivani Pachori 8830960726







